



Northwest Creative Therapy LLC

Leslie E. Jones, LPC, ATR
Northwest Creative Therapy, LLC
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www.NWCreativeTherapy.com

Philosophy and Approach: I respect the needs of clients; together we will formulate goals that address what is most important to your well-being. I utilize an eclectic theoretical framework, though have extensive experience utilizing emotionally focused therapy within a person-centered approach. My initial training focused on a psychodynamic orientation, and still informs the work I do with clients. This translates into being able to talk about concrete ways to meet objectives, while also looking at what might be the root cause of your distress.

Formal Education and Training: I hold a master's degree in art therapy counseling from Marylhurst University. My training includes verbal and art therapy. I have completed two levels of Emotionally Focused Therapy training for work with couples. I am Licensed Professional Counselor (LPC) and a registered art therapist. My major coursework included Human Growth & Development, Group Dynamics, Assessment & Counseling Skills, Art Therapy, and Psychopathology.

I have been a professional therapist since 1996 and have worked with a variety of clients in that time, both in community mental health agencies and private practice. I have addressed a variety of client issues, including grief and loss, family conflict, past sexual abuse, family of origin effects, symptoms of depression and anxiety, and struggles with self-esteem and self-concept.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists:

I will abide by its Code of Ethics, which can be found on the Oregon State web site at <http://www.oregon.gov/OBLPCT/web-coe.shtml>. A copy of the Code of Ethics can also be obtained from me upon request, or from the Board of Licensed Professional Counselors and Therapists. (See contact information at the end of this Personal Disclosure Statement.)

As a licensing requirement, I regularly attend trainings for continuing education in the counseling field. I have contracted for clinical supervision throughout my career and engage in consultation to maintain the highest standards of professional practice.

Fees and Appointments:

I offer an initial free 30-minute consultation. Initial intake assessments are \$165.00. The fee for 60-minute individual and couple sessions is \$135.00. If I am not on your insurance panel, we can discuss submitting a bill for reimbursement. However, full payment is required at the conclusion of each session. I offer a limited number of sliding scale appointments for those that cannot afford my full fee. The sliding scale is posted on my website and we can discuss it during the initial consultation. I accept cash, checks or credit cards.

If payment is not received at the end of a session, or there are any fees owed for missed appointments, the balance owed must be paid before another session can be scheduled.

If you are unable to keep your appointment, 24 hour notice is required. Except in the case of an emergency or illness, you will be charged \$60 for any sessions missed without a 24-hour advance notice. The telephone number at the top of this page is available 24 hours a day. I check my messages frequently throughout the day. In the event of a mental health crisis, please call the Multnomah County Crisis Line at 503-988-4888.

Locations and Mailing Address:

Northwest Creative Therapy location:

2223 NE 47th Ave
Portland, OR 97213

The mailing address is:

Northwest Creative Therapy, LLC
1631 NE Broadway PMB 707
Portland, OR 97232-1425

As a client of an Oregon licensee of the Oregon Board of Licensed Professional Counselors and Therapists, you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law:
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee.
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the Board.
- To be informed of the cost of professional services before receiving the services.
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me.
- To be free from being the object of discrimination based on age, color, disability, ethnicity, race, religion, sexual orientation, gender, marital status, socioeconomic status, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at:

Board of Licensed Professional Counselors and Therapists

3218 Pringle Rd SE #120

Salem, OR 97302-6312

Telephone: (503) 378-5499

Email: lpct.board@mhra.oregon.gov

Website: www.oregon.gov/OBLPCT

For additional information about this counselor, consult the board's website.